

THE ESSENCE OF LIGHT AND SOUND

Light is knowledge, whereas Sound is the pure spiritual essence within you. The purpose of the Light and Sound Teachings is to resurrect the latent spirituality innately present within every human being. This innate spirituality can only be brought into fruition through the Sound principles of love and devotion, and never through the light properties of thought, emotion, or knowledge alone. When the Sound Current is reactivated within one, pure consciousness is given birth. It is this consciousness of soul that devotes itself first to discovering itself, then realizing itself, and then expanding in soul consciousness and realizing the Supreme Deity in all Its glory. This is Self and God Realization respectively. Thus, "the true spiritual life" is the phrase given to a life of communion with God through soul.

True spiritual seekers can easily confuse the mind for the soul. The soul is the central reality to our beingness, that spark of divinity innately placed within all life at the beginning of creation. To rediscover this inner essence, and to then merge within its wondrous reality, is the consummation of all spiritual unfoldment.

Once initial contact is made with the Sound Current, all that was missing starts traveling toward you. Those who are able to hear the Sound and contemplate Its message are relieved of loneliness and suffering. Soul is gradually freed from the captivity of the senses and its imprisonment within the physical consciousness. It soars like an eagle on the currents of this melody, rising effortlessly and naturally into the transcendent realms of truth and beauty, never to be captive again. This mighty Current of God can be seen as Light and heard as Sound when soul is absorbed into Its enchanting essence.